



Carers Week 2023

Wokingham Events

Monday 5th June

Online information workshop for all carers about the Wokingham Wellbeing Service with MIND in Berkshire 7.00pm - 8.00pm

Meeting ID: 830 9688 4534 Passcode: 145414

Any questions contact Promise Inclusion On 07827340406

Tuesday 6th June

Citizen's Advice bus 9.30am - 12.00pm
Carer's outreach, at Tesco Wokingham, 78 Finchampstead Road, Wokingham, RG40 2NS.

Information and advice Event 11.00am - 1.30pm
Visit information and advice stalls run local charities that support carers
at Coronation Hall, Headley Road, Woodley, Reading, RG5 4JB.

Wednesday 7th June

Carer's lunch 12.00pm - 2.00pm

At Bradbury Centre, Rose St, Wokingham, RG40 1XS.

Booking Advised

Sponsored by Alexander Grange

Thursday 8th June

You said, we listened 1.30pm - 3.00pm

A chance to have your say

at the Charity and Community Hub, Waterford House, Ertstadt Court, Wokingham, RG40 2YF.

Carer's Relaxation evening 7.00pm - 9.00pm
at Wade Day Centre, 40 Reading Road, Wokingham, RG41 1EH.

Booking Advised

For more information or to book a place for an event call Shelley on 07708 471756 or email Shelley.Mills@AgeUKBerkshire.org.uk



WOKINGHAM BOROUGH COUNCIL